

September 2008

# Poooh Busters Newsletter!

## Where have all the flowers gone? Summer can't be over already!

Where does the time go? We can't believe that summer has passed so quickly. Well we hope everyone had a terrific summer. Now it's time to get prepared for a beautiful autumn and a new school season.

### Poooper of the Month

Poooh Busters is proud to present Pepper as September's Poooper! She is a beautiful and lovely friend. Be sure to visit her in the **Feature** section of our website at [www.pooohbusters.com](http://www.pooohbusters.com).



### Back to School

Sorry kids, it's that time again. A new school year has begun. You may not be the only one who doesn't look forward to you being at school all day! It's not unusual for dogs, and sometimes even cats to go into a funk when the kids go back to school in the fall or off to college for the first time. So what can we do for our pet pals to help them beat the blues? Here are some great suggestions to help cure depressed dogs and cats:

- **Lots of exercise** - the more physical exercise, the more endorphin release you can provide, and that's all good. Getting out and walking your lonesome dog is good therapy for both of you. Go for a quick walk in the morning before school. I know our dogs sure appreciate a brief stroll around the block before we head off to work for the day!
- **You stay happy too** - It's important to remember that your dog feeds on your own emotional state. If you're depressed about your child going off to school or college, your dog will sense that. Sometimes the whole household is kind of depressed; it's a big change to the family's routine and everyone's lives. Everybody reacts to that at some level.
- **Don't make a big deal about leaving everyday** - If you get all emotional about leaving your pooch behind, he will pick up on it and get anxious, too. If your dog is used to lots of lovin' in the morning, give it to him when you first wake up. Then go about your business getting ready for work and school. A quick "See ya later!" is just what your dog needs to relax and wait for your return.
- **Leave things for your dog to do** - there are many great toys and chews that can help keep your dog busy, especially right after you leave. We usually give our dog his favourite treats and a "Busy Ball" as we're going out the door. He actually looks forward to it, it's almost like he's saying, "OK, get the heck outta here so I get the good stuff!"
- **Play, interact and have fun with your pooch** - That's all any dog really wants, a bit of attention and some of your time. They've been home alone all day and couldn't be happier to see you, take him or her for a walk after school, play fetch, throw a Frisbee, or just spend time petting and talking to them. They really do love you so much!

### **Contact Us Anytime!**

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### New Pet Sitting Service

We just wanted to remind everyone that we now provide pet sitting in your home for those taking vacations. Even though summer is over, many people like to get away to the warmer destinations in the colder months. And with Christmas coming, you might be thinking about travelling to visit family. What a great way to enjoy peace of mind during the holidays knowing your pet is happy and safe in their own home while you're away. Please be sure contact Roland for details!

### ...REMINDER...

We're still looking for two more pictures of dogs for our October and November Pooopers of the Month. Dress your dog up and we'll showcase them for the Halloween edition! Send in those pics to [roland@pooohbusters.com](mailto:roland@pooohbusters.com)